

*Enter into his gates  
with*  
*Thanksgiving,*

*and into his courts  
with praise.*

PSALM 100:4



Anglican Parish of Central Saanich

St. Mary Church      St. Stephen Church

*Faith - Family - Friendship*



ANGLICAN DIOCESE  
OF BRITISH COLUMBIA

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**Welcome To  
PARISH OF CENTRAL SAANICH  
St. Mary Church**

**OCTOBER 13, 2024 – HARVEST THANKSGIVING**

*We acknowledge that we gather to worship on the traditional  
lands of the WSÁNEĆ and Coast Salish peoples*

**St. Mary's Service:**

Sunday Service:                      9:00 a.m.

**St. Stephen's Service:**

Sunday Service:                      11:15 a.m.

Continue to monitor our website - [ParishCS.ca](http://ParishCS.ca)

**The Ven. Dr. Lon Towstego, Incumbent**

**The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant**

Associated Clergy: The Ven. Bob Baillie  
The Rev. Dr. Brett Cane  
The Rev. Paul Schumacher,  
The Rev. Gil Shoosmith, deacon

*Please practice Health protocols that make you feel comfortable.  
Please be sensitive to the comfort level of others.*

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## HOLY EUCHARIST

**Diocese of Islands and Inlets Liturgy** (*V. I. Liturgy*)

*The Ven. Dr. Lon Towstego, Presiding & Preaching*

A Warm Welcome to all who worship with us, especially visitors.

The congregation says or sings the items in **bold** typeface.

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Prelude - *Joanne Lambert*

Welcome & Land Acknowledgement

**Gathering Song: *Come Ye Thankful People Come*** (CP #262)

**Come, ye thankful people, come,  
raise the song of harvest home!  
All is safely gathered in,  
ere the winter storms begin;  
God, our maker, doth provide  
for our wants to be supplied:  
come to God's own temple, come,  
raise the song of harvest home!**

**All the world is God's own field,  
fruit onto his praise to yield;  
wheat and weeds together sown,  
unto joy or sorrow grown;  
first the blade, and then the ear,  
then the full corn shall appear:  
Lord of harvest, grant that we  
wholesome grain and pure may be.**

**For the Lord our God shall come,  
and shall take his harvest home;  
from his field shall in that day  
all offences purge away;  
give his angels charge at last  
in the fire the weeds to cast;  
but the fruitful ears to store  
in his garner evermore.**

**Even so, Lord, quickly come  
to thy final harvest home!  
Gather thou thy people in,  
free from sorrow, free from sin,  
there forever purified,  
in thy presence to abide;  
come, with all thine angels, come,  
raise the glorious harvest home.**

## **The Gathering of the Community**

Lon: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

**All: And also with you.**

Lon: In this time and place we gather on the ancestral lands of the W̱SÁNEĆ and Coast Salish Peoples.

**All: From many places and Peoples we come to this house in prayer.**

Ken: In this time and place we are not alone for we meet in the presence of the living God.

**All: For we meet in the presence of the living God.**

Lon: In this time and place we are not alone for the Risen Jesus stands in our midst.

**All: The Risen Jesus stands in our midst.**

Ken: In this time and space we are not alone for the wind of the Spirit moves in and through us.

**All: The wind of the Spirit moves in and through us.**

Lon: In this time and space we are not alone for we gather with the whole company of heaven. In this time and in this space heaven and earth are one.

**All: In this time and in this space heaven and earth are one.**

Ken: In this time and place together, one People in Jesus Christ.

**All: In the name of God, Creator, Saviour and Holy Spirit.  
Amen.**

*Gloria, Gloria, Gloria!*

**Gloria Gloria Gloria**

**Glory to God on high (repeat)**

**And on earth peace to Gods people**

**Glory to God (repeat)**

## **Centering Stillness:**

Let us hold this moment open to the Spirit of God. (*Silence*)

**The Prayer of the Day: Creator of the fruitful earth, you made us stewards of all things. Give us grateful hearts for all your goodness, and steadfast wills to use your bounty well, that the whole human family, today and in generations to come, may with us give thanks for the riches of your creation. We ask this in the name of Jesus Christ the Lord. Amen.**

## **The Readings**

Irene Feir: A reading from the Book of Joel

## Joel 2:21-27

<sup>21</sup> Do not fear, O soil;  
be glad and rejoice,

for the Lord has done great things!

<sup>22</sup> Do not fear, you animals of the field,  
for the pastures of the wilderness are green;

the tree bears its fruit,

the fig tree and vine give their full yield.

<sup>23</sup> O children of Zion, be glad  
and rejoice in the Lord your God;

for he has given the early rain<sup>[a]</sup> for your vindication,

he has poured down for you abundant rain,

the early and the later rain, as before.

<sup>24</sup> The threshing-floors shall be full of grain,  
the vats shall overflow with wine and oil.

<sup>25</sup> I will repay you for the years  
that the swarming locust has eaten,

the hopper, the destroyer, and the cutter,

my great army, which I sent against you.

<sup>26</sup> You shall eat in plenty and be satisfied,  
and praise the name of the Lord your God,

who has dealt wondrously with you. And my people shall never again  
be put to shame.

<sup>27</sup> You shall know that I am in the midst of Israel,  
and that I, the Lord, am your God and there is no other.

And my people shall never again  
be put to shame.

Hear what the Spirit of God is saying.

**Thanks be to God.**

**Responsive Psalm 126 BAS – Irene Feir**

*1* When the Lord restored the fortunes of Zion, \* **then were we like those who dream.**

*2* Then was our mouth filled with laughter, \* **and our tongue with shouts of joy.**

*3* Then they said among the nations, \* **“The Lord has done great things for them.”**

*4* The Lord has done great things for us, \* **and we are glad indeed.**

*5* Restore our fortunes, O Lord, \* **like the watercourses of the Negev.**

*6* Those who sowed with tears \* **will reap with songs of joy.**

7 Those who go out weeping, carrying the seed, \* **will come again with joy, shouldering their sheaves.**

Glory be to the Father and to the Son and to the Holy Spirit.

**As it was in the beginning, is now, and ever shall be, world without end. Amen.**

Ken Pedlow: A reading from the First Book of Timothy

**1 Timothy 2:1-7**

2 First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings should be made for everyone, <sup>2</sup> for kings and all who are in high positions, so that we may lead a quiet and peaceable life in all godliness and dignity. <sup>3</sup> This is right and is acceptable in the sight of God our Saviour, <sup>4</sup> who desires everyone to be saved and to come to the knowledge of the truth. <sup>5</sup> For there is one God;

there is also one mediator between God and humankind,  
Christ Jesus, himself human,

<sup>6</sup> who gave himself a ransom for all

—this was attested at the right time. <sup>7</sup> For this I was appointed a herald and an apostle (I am telling the truth,<sup>[a]</sup> I am not lying), a teacher of the Gentiles in faith and truth.

Hear what the Spirit of God is saying.

**Thanks be to God.**

**Gradual: *For the Fruit of All Creation* (CP#259)**

**For the fruit of all creation,  
thanks be to God;  
gifts bestowed on every nation,  
Thanks be to God.**

**For the ploughing, sowing, reaping,  
silent growth while we are sleeping,  
future needs in earth's safekeeping,  
thanks be to God.**

**In the just reward of labour,  
God's will is done.  
In the help we give our neighbour,  
God's will is done.  
In our worldwide task of caring  
for the hungry and despairing,  
in the harvests we are sharing,  
God's will is done.**

Lon: God be with you.

**People: And also with you.**

Lon: The Holy Gospel of our Lord Jesus Christ according to Matthew

**People: Glory to you, Lord Jesus Christ.**

**Matthew 6:25-33**

<sup>25</sup> ‘Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? <sup>26</sup> Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? <sup>27</sup> And can any of you by worrying add a single hour to your span of life? <sup>28</sup> And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, <sup>29</sup> yet I tell you, even Solomon in all his glory was not clothed like one of these. <sup>30</sup> But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? <sup>31</sup> Therefore do not worry, saying, “What will we eat?” or “What will we drink?” or “What will we wear?” <sup>32</sup> For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. <sup>33</sup> But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

Lon: The Gospel of Christ.

**People: Praise to you, Lord Jesus Christ.**

**Gradual: For the Fruit of All Creation (con’t.)**

**For the harvests of the Spirit,  
thanks be to God.**

**For the good we all inherit,  
thanks be to God.**

**For the wonders that astound us,  
for the truths that still confound us,  
most of all, that love has found us,  
thanks be to God.**

Sermon – The Ven. Dr. Lon Towstego

Anthem: *All Good Things*

**The Apostle’s Creed:**

Presider: Let us confess the faith of our baptism, as we say,

**All: I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the**

**Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.**

**He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father.**

**He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

### **The Prayers of the People – Ken Pedlow**

#### **Confession & Absolution:**

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

*Silence is kept.*

Presider: Most merciful God,

**All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

#### **The Peace**

Presider: The peace of the Lord be always with you.

**People: And also with you.**

*The members of the community offer a sign of peace to one another in a manner that feels safe for you.*

*Please be sensitive to the comfort level of others.*

#### **Offertory Hymn: Now Thank We All our God (CP #399)**

**Now thank we all our God  
with heart and hands and voices,  
who wondrous things hath done,  
in whom this world rejoices;  
who from our mothers' arms  
hath blessed us on our way  
with countless gifts of love,  
and still is ours today.**



**O may this bounteous God  
through all our life be near us,  
with ever joyful hearts  
and blessed peace to cheer us,  
and nourish us with grace,  
and guide us when perplexed,  
and free us from all ills  
in this world in the next.**

**All praise and thanks to God  
eternal now be given,  
to Spirit and to Word,  
who reign in highest heaven;  
our ever faithful God,  
whom heaven and earth adore;  
for thus it was, is now,  
and shall be evermore.**

**Prayer over the Gifts:** Source of all life, the heaven and earth are yours, yet you have given us dominion over all things. Receive the symbols of our labour and love which we offer you this day, in the name of Jesus Christ our Lord. **Amen.**

**THE SACRED MEAL IS SHARED**  
*(Eucharist Prayer B)*

Presider: God is here

**People: The Spirit is with us.**

Presider: Lift up your hearts and minds.

**People: We lift them to God.**

Presider: Let us give thanks to God the Creator.

**People: It is right to give our thanks and praise.**

Presider: Holy and eternal One, in whom we live and move and have our being. You are our origin and our fulfillment; we praise and thank you for drawing us to this sacred meal. From the ocean of your primal love, you fashioned the marvel of creation, and beauty of human life. From this land of towering forests and mist laden coastlines, you humble us and affirm the sacred gift of all creation, calling us to care for everything given and received.

**All: Glory to you, source of all life**

Presider: From the earliest days the peoples of these islands and inlets learned their dependence on your provision, salmon and deer, song and ceremony, dance and painted cedar, hallowed these sacred relationships with all life.

**All: Glory to you, source of all life**

Presider: In Jesus Christ, you came into our world to reveal your glory, reconcile all peoples to yourself, and make all things new in him. Now, gathered from many places, and joining with the saints of every time and place, we raise our thankful voices in songs of unending praise, saying

**Sanctus & Benedictus** (*Steve Bell*)

**Holy, Holy, Holy, Lord, God of power and might  
Heaven and earth of Your glory are full  
Hosanna, Hosanna. Hosanna in the highest**

**Blessed is he who comes in the name of the Lord.  
Blessed is he who comes in the name of the Lord.**

**Holy, Holy, Holy, Lord, God of power and might  
Heaven and earth of Your glory are full  
Hosanna, Hosanna. Hosanna in the highest**

Presider: Blessed are you, most holy One: For on the night before he died Jesus took bread, gave you thanks, broke it, gave it to all gathered, and said: "Take, eat, this is my body which is given for you, do this in remembrance of me."

After supper, he took the cup, gave you thanks, and gave it to them saying: "Drink this, all of you. This is my blood of the new covenant which is given for you, do this in remembrance of me."

**All: "Behold, I am with you to the end of the age".**

Therefore, God of all creation, we lift this Bread of Life, and this Cup of Salvation. Send your Holy Spirit on these gifts, and upon us, that we may know Jesus in the breaking of the bread, and follow him in lives of selfless service and courageous love.

**All: Glory to you, source of all life**

In the fullness of time reconcile all things in Christ, and bring us to that heavenly table, where every tear will be wiped away and we will feast anew. Blessing, praise and thanksgiving be to you, Holy and Eternal One, Undivided Trinity, One God, now and forever.

**All: Amen**

**The Lord's Prayer** (*sung*)

**Our Father in heaven, hallowed be your name,  
Your kingdom come, your will be done on earth as in heaven.  
Give us today our daily bread,  
Forgive us our sins, as we forgive those who sin against us.  
Save us from the time of trial and deliver us from evil,**

**For the kingdom, the power and the glory are yours,  
Now and for ever. Amen.**

*Gordon Light*

**Breaking of the Bread:**

Presider: We break this bread to share in the body of Christ.

**All: We, being many, are one body, for we all share in the one bread.**

Presider: The Gifts of God for the People of God

**All: Thanks be to God.**

Administration of Holy Communion

*All are welcome to join us at the Lord's Table.*

*If you prefer not to receive communion but wish to receive a blessing,  
please cross your arms over your chest.*

*Gluten-free bread is available upon request.*

**Communion: *Let All Things Now Living* (CP #403)**

**Let all things now living  
a song of thanksgiving  
To God the creator triumphantly raise,  
who fashioned and made us,  
protected and stayed us,  
who still guides us on to the end of our days.  
Love's banners are o'er us,  
God's light goes before us,  
a pillar of fire shining forth in the night,  
till shadows have vanished  
and darkness is banished,  
as forward we travel from light into light.**

**God's law he enforces  
the stars in their courses  
and causes the sun in its splendour to shine;  
the hills and the mountains,  
the rivers and fountains,  
the deeps of the ocean in praises combine.  
We too should be voicing  
our love and rejoicing;  
with glad adoration a song let us raise  
till all things now living  
unite in thanksgiving:  
"To God in the highest, hosanna and praise!"**

**Prayer after Communion:** God of our hope, in this eucharist we find the source of all your blessings. Nourished in these holy mysteries may

we, with our lives, give you continual thanks and praise. This we ask in the name of Jesus Christ our Lord. **Amen.**

**Doxology**

Presider: Glory to God

**All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.**

Blessing

**Sending Song: *We Plough the Fields and Scatter* (CP #258)**

**We plow the fields and scatter  
the good seed on the land,  
but it is fed and watered  
by God's almighty hand;  
he sends the snow in winter,  
the warmth to swell the grain,  
the breezes, and the sunshine,  
and soft refreshing rain.**

**Refrain:**

**All good gifts around us  
are sent from heav'n above;  
then thank the Lord, O thank the Lord,  
for all your love.**

**He only is the maker  
of all things near and far;  
he paints the wayside flower,  
he lights the evening star.  
The winds and waves obey him;  
by him the birds are fed;  
much more to us, his children,  
he gives our daily bread. (Refrain)**

**We thank thee then, O Father,  
for all things bright and good:  
the seed-time, and the harvest,  
our life, our health, our food.  
Accept the gifts we offer  
for all your love imparts,  
and, what thou most desirest,  
our humble, thankful hearts. (Refrain)**

Dismissal:

*Leader:* Let us go in peace to love and serve God.

*People:* **Thanks be to God.**

Postlude

CCLI# 245534

*Please join us for coffee and conversation in the parish hall*

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**THE ALTAR FLOWERS** are given to the Glory of God.

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**READINGS – OCTOBER 20, 2024**

Job 38:1-7; Psalm 104:1-9, 25, 37b; Hebrews 5:1-10; Mark 10:35-45

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**MINISTER’S THANKSGIVING MESSAGE** – was sent by mail. Should you wish to make a special offering to give thanks to God for all that he has given, please use the envelope enclosed in your Thanksgiving letter. Please ensure that you note your envelope number or name and address on your offering. Spare envelopes may be found on the table in the narthex.

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**THANK YOU** to everyone who has decorated the church so beautifully for Thanksgiving. The donations to the Saanich Peninsula Food Bank will be gratefully received. We thank you for your generosity.

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**PRAYER IN THE STYLE OF TAIZE** at St Michael and All Angels Anglican Church, 4733 West Saanich Road, 6pm on the 3<sup>rd</sup> Friday of the month: October 18, and November 15. A joint ministry with the Parish of Central Saanich. Please come. *‘Feeling we are not alone can strengthen our life.’* [www.taize.fr](http://www.taize.fr)

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**Thank you to all who are assisting today**

<b>Music</b>	Joanne Lambert
<b>Readers</b>	Irene Feir, Ken Pedlow, Lon Towstego
<b>Liturgical Assistant</b>	Ken Pedlow
<b>2<sup>nd</sup> Chalice</b>	The Rev. Dr. Brett Cane
<b>Sidesperson</b>	Irene Feir
<b>Sound Tech/Bell</b>	Ian & Matty Stuart
<b>Coffee Hosts</b>	Lynn Fallan
<b>Altar Guild</b>	Shirley Schwazer
<b>Flower Guild</b>	Heather, Sue, Carol, Nancy, Judi, Anne, Pam

## INTERCESSIONS

**Anglican Cycle of Prayer:** We pray for The Episcopal Church in the Philippines; the Archbishop of Canterbury, Justin. In the Anglican Church of Canada we pray for Archbishop Anne, our Acting Primate. We also pray for Archbishops Lynne and Chris and the Anglican Council of Indigenous Peoples.

**Diocesan Cycle of Prayer:** We pray for Anna, our bishop; for St. Peter Quamichan; for the people of the Saanichton Bible Fellowship.

**Regional Cycle of Prayer:** We pray for the Parish of St. Mary Magdalene, The Rev. Blair Haggart, and the people of the parish and neighbourhood.

**Our Parish Clergy:** Lon, Logan, Brett, Bob, Paul, Gil and all who minister.

**In our Parish:** We pray for Neil & Vi Racicot and Howie & Jackie Kolson and for their families.

**For those ill or in need of prayer:** Neville & Patricia, Roche, Diana A., Fern & Mark, Don C., Ron H., Lynn S.

**For Those with Long-Term Needs:** Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney

**For friends beyond the parish:** Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Anna, Betty O., Betty E., Alysha, Sue P., Mike, Michelle, Rudi.

**In the greater community:** We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

**ST. MARY'S OUTREACH** – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of \_\_\_\_” with your name and address and, if applicable, your Electronic Collection Plate number.

Sept.	<b>Saanich Peninsula Hospital &amp; Healthcare Foundation - Chaplaincy</b>
Oct.	<b>Rector's Discretionary Fund</b>
Nov.	<b>South Island Centre for Counselling and Training</b>
Dec.	<b>General Outreach</b>

### **ADVANCED NOTICE OF SPECIAL OUTREACH**

**LÁ,ETEN TFE SÇELESTENEN Building Bridges** – As our Christmas Outreach to our Tsawout neighbours, we will be collecting monetary donations and bulk-purchasing Gift Cards. You may insert your cash or cheque (payable to St. Mary's Church) into an envelope with your address

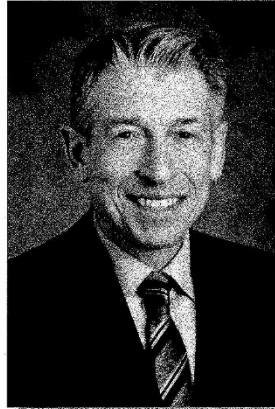
and/or envelope number. You may use the DONATE Button on the website, choose St. Mary's Outreach and indicate "Building Bridges" in the Note box. You may also place the envelope on the offering plate or bring it to Leslie in the office by December 8th. Please do not mail cash!

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# **Issues Impacting BC Seniors**

**Dan Levitt**

BC Seniors Advocate



**All members of the community are invited to attend a presentation, followed by Q/A, on key issues impacting seniors in British Columbia. The Office of the Seniors Advocate is an independent office of the BC provincial government acting in the interest of seniors and their caregivers.**

**October 21, 2024 at 1:30 pm**

St. Elizabeth Church  
10030 Third Street, Sidney

**Free Admission**

**Please RSVP to attend – [sppcwl@gmail.com](mailto:sppcwl@gmail.com)**



Sponsored by Catholic Women's League Saanich Peninsula Parish

If you would like to contribute to the operation of our Parish, there are several ways to do so.

- You may place your offering in the collection plate at the church when you attend services. You may use your weekly offering envelope at either church, especially during combined worship services. We will ensure that it gets to the church that is identified on the outside of the envelope.
- There are special “Visitor” envelopes at the back of the church. Please follow the instructions on the front.
- You may enroll in our Pre-Authorized Donation program if you would like to give through automatic debit or credit card. Speak with Lynda Clifford at St. Stephen or Leslie Pedlow at St. Mary.
- You may donate to either congregation on-line by going to the parish website (**ParishCS.ca**) and clicking the “DONATE” tab on the top line. From there follow the instructions, scroll down the menu to select where your donation should be applied. May be used for Outreach donations as well.
- There are secure mail slots in the office doors at St. Mary and St. Stephen for drop off.
- You may send a cheque (made payable to either St. Mary’s Church or payable to St. Stephen’s Church) and mail it to the respective address on the back of the bulletin.

Please do not hesitate to ask if you have any questions.

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**CLERGY CONTACT INFORMATION**

The Ven. Dr. Lon Towstego  
His Cell Phone: (250) 208-9949  
His email: [ltowstego@bc.anglican.ca](mailto:ltowstego@bc.anglican.ca)

***Note:** Worshipers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.*

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[stmarys.saanichton@shaw.ca](mailto:stmarys.saanichton@shaw.ca)

**St. Stephen’s Anglican Church**  
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