



Anglican Parish of Central Saanich
St. Mary Church St. Stephen Church
Faith - Family - Friendship



**Welcome To
PARISH OF CENTRAL SAANICH
St. Mary Church**



OCTOBER 20, 2024 – PENTECOST 22

Those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint. Isaiah 40:31

We acknowledge that we gather to worship on the traditional lands of the WSÁNEĆ and Coast Salish peoples

St. Mary's Service:

Sunday Service: 9:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent
The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant

Associated Clergy: The Ven. Bob Baillie
The Rev. Dr. Brett Cane
The Rev. Paul Schumacher,
The Rev. Gil Shoemith, deacon

*Please practice Health protocols that make you feel comfortable.
Please be sensitive to the comfort level of others.*

HOLY EUCHARIST

Book of Alternative Services

The Rev.. Dr. Brett Cane, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

The congregation says or sings the items in **bold** typeface.

Prelude - *Joanne Lambert*

Welcome & Land Acknowledgement

Gathering Song: *Joyful, Joyful, We Adore Thee* (CP #425)

**Joyful, joyful, we adore Thee,
God of glory, Lord of love;
Hearts unfold like flow'rs before Thee,
Op'ning to the sun above.
Melt the clouds of sin and sadness;
Drive the dark of doubt away;
Giver of immortal gladness,
Fill us with the light of day!**

**All Thy works with joy surround Thee,
Earth and heav'n reflect Thy rays,
Stars and angels sing around Thee,
Center of unbroken praise.
Field and forest, vale and mountain,
Flow'ry meadow, flashing sea,
Singing bird and flowing fountain
Call us to rejoice in Thee.**

**Thou art giving and forgiving,
Ever blessing, ever blest,
Wellspring of the joy of living,
Ocean depth of happy rest!
Thou our Father, and our Mother,
All who live in love are Thine;
Teach us how to love each other,
Lift us to the joy divine.**

The Gathering of the Community

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

All: **And also with you.**

Presider: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

The Gloria (Ashgrove)

**Sing glory to God in the heights of the heavens
Salvation and peace to God's People on earth
Our Sovereign, our Saviour, our God, our Creator
We worship and praise you and sing of your worth.**

**Creation unites in the power of the Spirit
In praise of the Father, through Jesus the Son
So complex, so simple, so clear, so mysterious
Our God ever three yet eternally one.**

**This Lord Jesus Christ, only Son of the Father
The lamb who has carried the burden of shame
Now seated on high in the glory of heaven
Have mercy upon us who call on your name.**

**For you, only you, we acknowledge as holy
We name you alone as our Saviour and Lord
You only, O Christ, with the Spirit exalted,
Are one with the Father, forever adored.**

**Creation unites in the power of the Spirit
In praise of the Father, through Jesus the Son
So complex, so simple, so clear, so mysterious
Our God ever three yet eternally one.**

Centering Stillness:

Let us hold this moment open to the Spirit of God. *(Silence)*

The Prayer of the Day: Most glorious God, in Jesus you call your people to true humility and servanthood. Grant to us the boldness to desire a place in your kingdom, the courage to drink the cup of suffering, and the grace to find in service the glory you promise; through the same Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Opening Prayers (1997) alt.

The Readings

Nancy Choat- A reading from the Book of Job

Job 38:1-7

Then the Lord answered Job out of the whirlwind:

² ‘Who is this that darkens counsel by words without knowledge?

³ Gird up your loins like a man,

I will question you, and you shall declare to me.

⁴ ‘Where were you when I laid the foundation of the earth?

Tell me, if you have understanding.

⁵ Who determined its measurements—surely you know!

Or who stretched the line upon it?

⁶ On what were its bases sunk,

or who laid its cornerstone

⁷ when the morning stars sang together

and all the heavenly beings shouted for joy?

Hear what the Spirit of God is saying.

Thanks be to God.

Responsive Psalm 104:1-9, 25, 37b BAS – Nancy Choat

1 Bless the Lord, O my soul; * **O Lord my God, how excellent is your greatness! you are clothed with majesty and splendour.**

2 You wrap yourself with light as with a cloak * **and spread out the heavens like a curtain.**

3 You lay the beams of your chambers in the waters above; * **you make the clouds your chariot; you ride on the wings of the wind.**

4 You make the winds your messengers * **and flames of fire your servants.**

5 You have set the earth upon its foundations, * **so that it never shall move at any time.**

6 You covered it with the deep as with a mantle; * **the waters stood higher than the mountains.**

7 At your rebuke they fled; * **at the voice of your thunder they hastened away.**

8 They went up into the hills and down to the valleys beneath, * **to the places you had appointed for them.**

9 You set the limits that they should not pass; * **they shall not again cover the earth.**

25 O Lord, how manifold are your works! * **in wisdom you have made them all; the earth is full of your creatures.**

Hallelujah!

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Barb Baillie: A reading from the Book of Hebrews

Hebrews 5:1-10

Every high priest chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. ²He is able to deal gently with the ignorant and wayward, since he himself is subject to weakness; ³and because of this he must offer sacrifice for his own sins as well as for those of the people. ⁴And one does not presume to take this honour, but takes it only when called by God, just as Aaron was.

⁵So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him,

‘You are my Son,
today I have begotten you’;

⁶as he says also in another place,

‘You are a priest for ever,
according to the order of Melchizedek.’

⁷In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. ⁸Although he was a Son, he learned obedience through what he suffered; ⁹and having been made perfect, he became the source of eternal salvation for all who obey him, ¹⁰having been designated by God a high priest according to the order of Melchizedek.

Hear what the Spirit of God is saying.

Thanks be to God.

Gradual: *Sister Let Me be Your Servant* (CP #500)

**Sister let me be your servant
Let me be as Christ to you
Pray that I might have the grace
To let you be my servant too.**

**We are pilgrims on the journey
We are travellers on the road
We are here to help each other
Walk the mile and bear the load.**

**I will hold the Christ-light for you
In the nighttime of your fear
I will hold my hand out to you
Speak the peace you long to hear.**

Ken: God be with you.

People: **And also with you.**

Ken: The Holy Gospel of our Lord Jesus Christ according to Mark

People: Glory to you, Lord Jesus Christ.

Mark 10:35-45

³⁵ James and John, the sons of Zebedee, came forward to him and said to him, ‘Teacher, we want you to do for us whatever we ask of you.’ ³⁶ And he said to them, ‘What is it you want me to do for you?’ ³⁷ And they said to him, ‘Grant us to sit, one at your right hand and one at your left, in your glory.’ ³⁸ But Jesus said to them, ‘You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?’ ³⁹ They replied, ‘We are able.’ Then Jesus said to them, ‘The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; ⁴⁰ but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared.’

⁴¹ When the ten heard this, they began to be angry with James and John. ⁴² So Jesus called them and said to them, ‘You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. ⁴³ But it is not so among you; but whoever wishes to become great among you must be your servant, ⁴⁴ and whoever wishes to be first among you must be slave of all. ⁴⁵ For the Son of Man came not to be served but to serve, and to give his life a ransom for many.’

Ken: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Gradual: Sister Let Me be Your Servant (con't.)

**I will weep when you are weeping
When you laugh, I'll laugh with you
I will share your joy and sorrow
Till we've seen this journey through.**

**When we sing to God in heaven
We shall find such harmony
Born of all we've known together
of Christ's love and agony.**

**Brother, let me be your servant,
Let me be as Christ to you;
Pray that I may have the grace to
Let you be my servant to.**

Sermon – “*A Lesson for Leaders*” - The Rev. Dr. Brett Cane

The Apostle's Creed:

Presider: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People – Ken Pedlow

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. Amen.

The Peace

Presider: The peace of the Lord be always with you.

People: And also with you.

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory Hymn: *Praise, I Will Praise you Lord* (CP #340)

**Praise, I will praise you, Lord, with all my heart,
O God, I will tell the wonders of your ways,
And glorify your name.**

**Praise, I will praise you, Lord, with all my heart.
In you I will find the source of all my joy. Alleluia!**

**Love, I will love you, Lord, with all my heart,
O God, I will tell the wonders of your ways,
And glorify your name.**

**Love, I will love you, Lord, with all my heart,
In you I will find the source of all my joy. Alleluia!**

**Serve, I will serve you Lord, with all my heart,
O God, I will tell the wonders of your ways,
And glorify your name.**

**Serve, I will serve you Lord, with all my heart,
In you I will find the source of all my joy. Alleluia!**

Prayer over the Gifts: Eternal God, your word inspires our faith.
May we who offer you our praise trust you in all things. We ask this in
the name of Jesus Christ the Lord. **Amen.**

THE SACRED MEAL IS SHARED

(Eucharist Prayer 3)

Presider: God be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

Presider: Blessed are you, gracious God,
creator of heaven and earth;
you are the source of light and life for all your creation,
you made us in your own image,
and call us to new life in Jesus Christ our Saviour.
Therefore we praise you,
joining our voices to proclaim the glory of your name.

Sanctus & Benedictus (CP #735) - Schubert

**Holy, holy, holy Lord,
God of power and might
Holy, holy, holy Lord,
God of power and might
heaven and earth are full**

**full of your glory.
Hosanna in the highest,
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest, Hosanna in the highest.**

Presider: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

**All: Therefore, Father, according to his command,
we remember his death, we proclaim his resurrection,
we await his coming in glory;**

Presider: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your daughters and sons; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

The Lord's Prayer

Presider: As our Saviour taught us, let us pray,

All: Our Father in heaven, hallowed be your name, Your kingdom come, your will be done On earth as in heaven. Give us today our daily bread, Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial and deliver us from evil, For the kingdom, the pow'r and the glory are yours, Now and for ever. Amen.

Breaking of the Bread:

Presider: We break this bread to share in the body of Christ.

All: We, being many, are one body, for we all share in the one bread.

Presider: The Gifts of God for the People of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Communion: Come and Find the Quiet Centre

**Come and find the quiet centre
in the crowded life we lead,
find the room for hope to enter,
find the frame where we are freed:
clear the chaos and the clutter,
clear our eyes, that we can see
all the things that really matter,
be at peace, and simply be.**

**Silence is a friend who claims us,
cools the heat and slows the pace,
God it is who speaks and names us,
knows our being, face to face,
making space within our thinking,
lifting shade to show the sun
raising courage when we're shrinking
finding scope for faith begun.**

**In the Spirit let us travel,
open to each other's pain
let our loves and fears unravel,
celebrate the space we gain:
there's a place for deepest dreaming
there's a time for heart to care.
in the Spirit's lively scheming
there is always room to spare!**

Prayer after Communion: God of peace, you have nourished us in this sacrament with the body and blood of Christ. May we who have taken holy things keep faith in our hearts and lives, in the name of Jesus Christ the Lord. **Amen.**

Doxology

Presider: Glory to God

All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Sending Song: *Glorious Things of Thee are Spoken* (CP #388)

**Glorious things of thee are spoken,
Zion, city of our God!
He, whose Word cannot be broken,
Formed thee for His own abode;
On the Rock of Ages founded,
What can shake thy sure repose?
With salvation's walls surrounded,
Thou mayst smile at all thy foes.**

**See, the streams of living waters,
Springing from eternal love,
Well supply thy sons and daughters,
And all fear of want remove:
Who can faint while such a river
Ever flows their thirst t' assuage?
Grace which, like the Lord, the giver,
Never fails from age to age.**

**Round each habitation hov'ring,
See the cloud and fire appear,
For a glory and a cov'ring,
Showing that the Lord is near;
Thus they march, the pillar leading**

Light by night and shade by day,
Daily on the manna feeding
Which God gives them when they pray.

Savior, if of Zion's city,
I through grace a member am,
Let the world deride or pity,
I will glory in Thy name;
Fading is the world's best pleasure,
All its boasted pomp and show;
Solid joys and lasting treasure
None but Zion's children know.

Dismissal:

Leader: Let us go in peace to love and serve God.

People: Thanks be to God.

Postlude: *Good is our Strength and Refuge*

CCLI# 245534

Please join us for coffee and conversation in the parish hall

READINGS – OCTOBER 27, 2024

Job 42:1-6, 10-17; Psalm 34:1-8;

Hebrews 7:23-28; Mark 10:46-52

THE ALTAR FLOWERS are given by Glenda McDougall to the Glory of God and in memory of her daughter, Laura Mae.

Thank you to all who are assisting today

Music	Joanne Lambert
Readers	Nancy Choat, Barb Baillie, Ken Pedlow
Liturgical Assistant	Ken Pedlow
2nd Chalice	Pat Sparks
Sidesperson	Carl Schwazer
Sound Tech/Bell	Ian & Matty Stuart
Coffee Hosts	Lynn Fallan
Altar Guild	Shirley Schwazer
Flower Guild	Carol Watkins

2025 CANADIAN CHURCH CALENDARS – There is a limited supply of calendars available from Leslie in the Office after the service. The cost is \$10 each.

POTLUCK LUNCH AT ST. STEPHEN - There will be a potluck lunch in the hall after the 11:15 service on October 27th. Please bring finger foods to share. Oven warming is possible. All are welcome.

COFFEE TIME - We need your help! Coffee/tea has been faithfully served by a small group of dedicated volunteers and without their help we would be missing this important time of fellowship following the service. Please consider joining the team and taking a turn at setting up, serving and cleaning up at coffee time. There are willing volunteers to life the dishwasher trays. There is a signup sheet located on the bulletin board just outside of the kitchen. If you need more information please speak to Lynn Fallan.

ADVENT REFLECTIONS – Our Parish tradition is to have individuals do a two- or three-minute reflection each Sunday in Advent on the theme of the day – Hope, Peace, Joy or Love. If you would like to volunteer for one of the Sundays, please sign up on the Sheet on the large table in the narthex before November 17th or leave a message for Leslie at 250-652-1611. Thank you.

ST. MARY’S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number.

Oct.	Rector’s Discretionary Fund
Nov.	South Island Centre for Counselling and Training
Dec.	General Outreach

ADVANCED NOTICE OF SPECIAL OUTREACH

LÁ,ETEN TFE SÓELESTENEN Building Bridges – As our Christmas Outreach to our Tsawout neighbours, we will be collecting monetary donations and bulk-purchasing Gift Cards. You may insert your cash or cheque (payable to St. Mary’s Church) into an envelope with your address and/or envelope number. You may use the DONATE Button on the website, choose St. Mary’s Outreach and indicate “Building Bridges” in the Note box. You may also place the envelope on the offering plate or bring it to Leslie in the office by December 8th. Please do not mail cash!



ST. MARY'S HOLLY FAIR NEWS

PRE-ORDERS

PLUM PUDDINGS:

The ever-popular 'Nancy Jackson' Christmas plum puddings will be available by pre-order as they have been in the past few years thanks to Irene and her crew!!! Please call Irene at 250-652-5773 or email her at kifeir@shaw.ca indicating the size of the pudding required. ***Deadline for orders is October 30th***. There will also be a limited number available for sale at the Holly Fair.

'MOM'S' ALMOND TARTS:

Bernie is willing to take pre-orders for his almond tarts this year. Trays of six tarts will sell for \$6.00 each. Please email Leslie Pedlow at lpedlow@parishcs.ca with your name, contact information, the number of trays requested, ***by November 1st***. Tarts will be available for pick at the Baking Stall at the Holly Fair on November 23rd from 9:30am to 1:00pm.

ITEMS THAT MAY BE DROPPED OFF NOW

MYSTERY BOTTLES

You may have seen some of these attractive "Mystery Bottles" on display in the narthex - they are a BIG hit at our Holly Fair!! Donations of products in bottles are requested. The monetary value **MUST** be a minimum of **\$10.00**. Sample items could include (but certainly are not limited to): wines, cordials, sparkling fruit drinks, specialty oils (e.g. walnut, olive, avocado, sesame), fancy vinegars and sauces, bath products and lotions, etc. We request that you do not wrap your contribution - our conveners will prepare the bottles for sale. The goal is 60 bottles!! Can you help us meet the challenge????? Place your contributions on the narthex table.

JEWELLERY

We always have buyers for attractive jewellery in good condition as well as the bargains eagerly sought by those wanting to make their own.

INTERCESSIONS

Anglican Cycle of Prayer: We pray for Eglise Anglicane du Rwanda; the Archbishop of Canterbury, Justin. In the Anglican Church of Canada we pray for Archbishop Anne, our Acting Primate. We also pray for Archbishops Lynne and Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; for St. Philip, Cedar; for the people of the Centennial Park Campus of Saanich Baptist Church..

Regional Cycle of Prayer: We pray for the Parish of St. Margaret of Scotland and the people of the parish and neighbourhood.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul, Gil and all who minister.

In our Parish: We pray for Greg & Christine Robinson and Bob & Barbara Lake and for their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern & Mark, Don C., Ron H., Lynn S.

For Those with Long-Term Needs: Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Anna, Betty O., Betty E., Alysha, Sue P., Mike D., Michelle, Rudi, Peter W.

In the greater community: We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

If you would like to contribute to the operation of our Parish, there are several ways to do so.

- You may place your offering in the collection plate at the church when you attend services. You may use your weekly offering envelope at either church, especially during combined worship services. We will ensure that it gets to the church that is identified on the outside of the envelope.
- There are special “Visitor” envelopes at the back of the church. Please follow the instructions on the front.
- You may enroll in our Pre-Authorized Donation program if you would like to give through automatic debit or credit card. Speak with Lynda Clifford at St. Stephen or Leslie Pedlow at St. Mary.
- You may donate to either congregation on-line by going to the parish website (**ParishCS.ca**) and clicking the “DONATE” tab on the top line. From there follow the instructions, scroll down the menu to select where your donation should be applied. May be used for Outreach donations as well.
- There are secure mail slots in the office doors at St. Mary and St. Stephen for drop off.
- You may send a cheque (made payable to either St. Mary’s Church or payable to St. Stephen’s Church) and mail it to the respective address on the back of the bulletin.

Please do not hesitate to ask if you have any questions.

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego

His Cell Phone: (250) 208-9949

His email: ltowstego@bc.anglican.ca

***Note:** Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.*

St. Mary’s Anglican Church

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