



Anglican Parish of Central Saanich
St. Mary Church St. Stephen Church
Faith - Family - Friendship



**Welcome To
PARISH OF CENTRAL SAANICH
St. Mary Church**



JANUARY 19, 2025 – EPIPHANY 2

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.

Wednesday: 10:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant

Associated Clergy: The Ven. Bob Baillie
The Rev. Dr. Brett Cane
The Rev. Paul Schumacher,
The Rev. Gil Shoemsmith, deacon

*Please practice Health protocols that make you feel comfortable.
Please be sensitive to the comfort level of others.*

HOLY EUCHARIST

Book of Alternative Services

The Ven. Dr. Lon Towstego, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

The congregation says or sings the items in **bold** typeface.

Prelude – *Joanne Lambert*

Welcome and Land Acknowledgment

Gathering Hymn: *Joyful, Joyful We Adore Thee* (CP #425)

**Joyful, joyful, we adore Thee,
God of glory, Lord of love;
Hearts unfold like flow'rs before Thee,
Op'ning to the sun above.
Melt the clouds of sin and sadness;
Drive the dark of doubt away;
Giver of immortal gladness,
Fill us with the light of day!**

**All Thy works with joy surround Thee,
Earth and heav'n reflect Thy rays,
Stars and angels sing around Thee,
Center of unbroken praise.
Field and forest, vale and mountain,
Flow'ry meadow, flashing sea,
Chanting bird and flowing fountain
Call us to rejoice in Thee.**

**Thou art giving and forgiving,
Ever blessing, ever blest,
Wellspring of the joy of living,
Ocean depth of happy rest!
Thou our Father, and our Mother,
All who live in love are Thine;
Teach us how to love each other,
Lift us to the joy divine.**

The Gathering of the Community

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

All: **And also with you.**

Presider: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

The Gloria (Ashgrove)

**Sing glory to God in the heights of the heavens
Salvation and peace to God's People on earth
Our Sovereign, our Saviour, our God, our Creator
We worship and praise you and sing of your worth.**

**Creation unites in the power of the Spirit
In praise of the Father, through Jesus the Son
So complex, so simple, so clear, so mysterious
Our God ever three yet eternally one.**

**This Lord Jesus Christ, only Son of the Father
The lamb who has carried the burden of shame
Now seated on high in the glory of heaven
Have mercy upon us who call on your name.**

**For you, only you, we acknowledge as holy
We name you alone as our Saviour and Lord
You only, O Christ, with the Spirit exalted,
Are one with the Father, forever adored.**

**Creation unites in the power of the Spirit
In praise of the Father, through Jesus the Son
So complex, so simple, so clear, so mysterious
Our God ever three yet eternally one.**

Centering Stillness:

Let us hold this moment open to the Spirit of God. (Silence)

The Prayer of the Day: O God of steadfast love, at the wedding in Cana your Son Jesus turned water into wine, delighting all who were there. Transform our hearts by your Spirit, so that we may show forth the light of your love as one body in Christ. Amen.

Revised Common Lectionary Prayers (2002) alt.

The Readings

Nancy Choat: A reading from the Book of Isaiah

Isaiah 62:1-5

For Zion's sake I will not keep silent,
and for Jerusalem's sake I will not rest,

until her vindication shines out like the dawn,
and her salvation like a burning torch.
² The nations shall see your vindication,
and all the kings your glory;
and you shall be called by a new name
that the mouth of the Lord will give.
³ You shall be a crown of beauty in the hand of the Lord,
and a royal diadem in the hand of your God.
⁴ You shall no more be termed Forsaken,
and your land shall no more be termed Desolate;
but you shall be called My Delight Is in Her,
and your land Married;
for the Lord delights in you,
and your land shall be married.
⁵ For as a young man marries a young woman,
so shall your builder marry you,
and as the bridegroom rejoices over the bride,
so shall your God rejoice over you.

Hear what the Spirit of God is saying.

Thanks be to God.

Responsive Psalm 36:5-10 BAS – Nancy Choat

5 Your love, O Lord, reaches to the heavens, * **and your faithfulness to the clouds.**

6 Your righteousness is like the strong mountains, your justice like the great deep; * **you save both man and beast, O Lord.**

7 How priceless is your love, O God! * **your people take refuge under the shadow of your wings.**

8 They feast upon the abundance of your house; * **you give them drink from the river of your delights.**

9 For with you is the well of life, * **and in your light we see light.**

10 Continue your loving-kindness to those who know you, * **and your favour to those who are true of heart.**

Glorify to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Nichola Wade: A reading from First Corinthians

1 Corinthians 12:1-11

Now concerning spiritual gifts, brothers and sisters, I do not want you to be uninformed. ² You know that when you were pagans, you were

enticed and led astray to idols that could not speak. ³ Therefore I want you to understand that no one speaking by the Spirit of God ever says “Let Jesus be cursed!” and no one can say “Jesus is Lord” except by the Holy Spirit.

⁴ Now there are varieties of gifts, but the same Spirit; ⁵ and there are varieties of services, but the same Lord; ⁶ and there are varieties of activities, but it is the same God who activates all of them in everyone. ⁷ To each is given the manifestation of the Spirit for the common good. ⁸ To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, ⁹ to another faith by the same Spirit, to another gifts of healing by the one Spirit, ¹⁰ to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. ¹¹ All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses.

Hear what the Spirit of God is saying.

Thanks be to God.

Gradual: *Ancient Words*

**Holy words long preserved
For our walk in this world;
They resound with God’s own heart
O Let the ancient words impart.
Words of life, words of hope,
Give us strength, help us cope;
In this world, where’er we roam
Ancient words will guide us home.**

Chorus:

*Ancient words, ever true
Changing me, changing you;
We have come with open hearts,
O let the ancient words impart*

Ken: God be with you.

People: **And also with you.**

Ken: The Holy Gospel of our Lord Jesus Christ according to John

People: **Glory to you, Lord Jesus Christ.**

John 2:1-11

On the third day there was a wedding in Cana of Galilee, and the mother of Jesus was there. ² Jesus and his disciples had also been invited to the wedding. ³ When the wine gave out, the mother of Jesus said to him,

“They have no wine.”⁴ And Jesus said to her, “Woman, what concern is that to you and to me? My hour has not yet come.”⁵ His mother said to the servants, “Do whatever he tells you.”⁶ Now standing there were six stone water jars for the Jewish rites of purification, each holding twenty or thirty gallons.⁷ Jesus said to them, “Fill the jars with water.” And they filled them up to the brim.⁸ He said to them, “Now draw some out, and take it to the chief steward.” So they took it.⁹ When the steward tasted the water that had become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward called the bridegroom¹⁰ and said to him, “Everyone serves the good wine first, and then the inferior wine after the guests have become drunk. But you have kept the good wine until now.”¹¹ Jesus did this, the first of his signs, in Cana of Galilee, and revealed his glory; and his disciples believed in him.

Ken: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Ancient Words (Con't.)

**Holy words of our faith,
Handed down to this age;
Came to us through sacrifice
O, heed the faithful words of Christ.
Holy words long preserved
For our walk in this world;
They resound with God's own heart
Let the ancient words impart**

Chorus

*Ancient words, ever true
Changing me, changing you;
We have come with open hearts,
O let the ancient words impart*

RESPONDING TO THE WORD

Sermon – The Ven. Dr. Lon Towstego

Anthem: *I Am the Light of the World* (#87 Voices United)
Congregation joins in on chorus

Chorus:

*I am the Light of the World
You people come and follow me.
If you follow and love, You'll learn the mystery
Of what you were meant to do and be.*

When the song of the angels is stilled.
When the star in the sky is gone.
When the kings and the shepherds have found their way home.
The work of Christmas is begun! **Chorus**

To find the lost and lonely one,
To heal that broken soul with love,
To feed the hungry children with warmth and good food,
To feel the earth below the sky above! **Chorus**

To free the prisoner from all chains
To make the powerful care
To rebuild the nations with strength and goodwill
To see Gods children everywhere **Chorus**

To bring hope to every task you do,
To dance at a baby's new birth,
To make music in an old person's heart
And sing to the colors of the earth! **Chorus**

The Apostles' Creed (*said*)

Presider: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen

Prayers of the People – Ken Pedlow

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace *All stand*

Presider: The peace of the Lord be always with you.

People: And also with you.

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory: *You Who Dwell in the Shelter* (CP #531)

**You who dwell in the shelter of our God,
who abide in his shadow for life,
say to the Lord: 'My refuge,
my Rock in whom I trust!'**

Refrain:

**And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.**

**Snares of the fowler will never capture you,
and famine will bring you no fear:
under his wings your refuge,
his faithfulness your shield. *Refrain***

**You need not fear the terror of the night,
nor the arrow that flies by day;
though thousands fall about you,
near you it shall not come. *Refrain***

**For to his angels he's given a command
to guard you in all of your ways,
upon their hands they will bear you up,
lest you dash your foot against a stone. *Refrain***

Prayer over the Gifts: Living God, you have revealed your Son as the Messiah. May we hear his word and follow it, and live as children of light. We ask this in the name of Jesus Christ the Lord. **Amen**

THE SACRED MEAL IS SHARED

(Eucharist Prayer 2)

Presider: God be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices to proclaim the glory of your name. *(singing)*

Sanctus & Benedictus *(CP #735) – Schubert*

**Holy, holy, holy Lord,
God of power and might
Holy, holy, holy Lord,
God of power and might
heaven and earth are full
full of your glory.**

**Hosanna in the highest,
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest,
Hosanna in the highest.**

Presider: Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for

you.” In the same way he took the cup, saying, “This is my blood which is shed for you. When you do this, you do it in memory of me.”

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever. **Amen.**

Presider: As our Saviour taught us, let us pray singing

The Lord’s Prayer - *Gordon Light*

**Our Father in heaven, hallowed be your name,
Your kingdom come, your will be done on earth as in heaven.
Give us today our daily bread,
Forgive us our sins, as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil,
For the kingdom, the power and the glory are yours,
Now and for ever. Amen.**

Breaking of the Bread:

Presider: We break this bread to share in the body of Christ.

**All: We, being many, are one body,
For we all share in the one bread.**

Presider: The Gifts of God for the People of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord’s Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Communion: *One Bread, One Body* (CP #73)

**One bread, one body, one Lord of all
One cup of blessing which we bless
And we, though many, throughout the Earth
We are one body in this one Lord**

**Gentile or Jew, servant or free
Woman or man, no more**

**One bread, one body, one Lord of all
One cup of blessing which we bless
And we, though many, throughout the Earth
We are one body in this one Lord**

**Many the gifts, many the works,
one in the Lord of all**

**One bread, one body, one Lord of all
One cup of blessing which we bless
And we, though many, throughout the Earth
We are one body in this one Lord**

**Grain for the fields, scattered and grown.
gathered to one for all**

**One bread, one body, one Lord of all
One cup of blessing which we bless
And we, though many, throughout the Earth
We are one body in this one Lord**

WE ARE SENT INTO THE WORLD

Prayer after Communion: God of glory, you nourish us with bread from heaven. Fill us with your Holy Spirit, that through us your light may shine in all the world. We ask this in the name of Jesus Christ.

Amen

Doxology

Presider: Glory to God

All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Sending Song: *Shine, Jesus, Shine* (CP #460)

**Lord, the light of Your love is shining,
In the midst of the darkness, shining,
Jesus, Light of the World, shine upon us,
Set us free by the truth You now bring us.
Shine on me, shine on me.**

**Shine, Jesus, shine, fill this land with the Father's glory;
Blaze, Spirit, blaze, set our hearts on fire.**

**Flow, river, flow, flood the nations with grace and mercy;
Send forth Your word, Lord, and let there be light.**

**Lord, I come to Your awesome presence,
From the shadows into Your radiance;
By the blood I may enter Your brightness,
Search me try me consume all my darkness.
Shine on me, shine on me.**

**Shine, Jesus, shine, fill this land with the Father's glory;
Blaze, Spirit, blaze, set our hearts on fire.
Flow, river, flow, flood the nations with grace and mercy;
Send forth Your word, Lord, and let there be light.**

**As we gaze on Your kingly brightness,
So our faces display Your likeness;
Ever changing from glory to glory,
Mirrored here may our lives tell Your story.
Shine on me, shine on me.**

**Shine, Jesus, shine, fill this land with the Father's glory;
Blaze, Spirit, blaze, set our hearts on fire.
Flow, river, flow, flood the nations with grace and mercy;
Send forth Your word, Lord, and let there be light.**

Dismissal

Leader: Go in peace to love and serve the Lord.
All: **Thanks be to God.**

Postlude

CCLI# 245534

Please join us for coffee and conversation in the parish hall

READINGS – JANUARY 26, 2025
Nehemiah 8:1-3, 5-6 & 8-10; Psalm 19;
1 Corinthians 12:12-31a; Luke 4:14-21

THE ALTAR FLOWERS are given by Shelby Titian to the Glory of God
and in memory of family and friends and for those in need of prayer.

Thank you to all who are assisting today

Music	Joanne Lambert
Readers	Nancy Choat, Nichola Wade, Ken Pedlow
Liturgical Assistant	Ken Pedlow
2nd Chalice	Nichola Wade
Sidesperson	Carl Schwazer
Sound Tech/Bell	Ian & Matty Stuart
Altar Guild	Judi Clark
Flower Guild	Heather Geddes

JANUARY 26 AT ST. STEPHEN - There will be a potluck lunch in the hall after the 11:15 service. All are welcome. Please bring finger foods to share. Oven warming is possible.

ST. MARY'S OUTREACH – In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address. You may also use the Donate button on our website and choose St. Mary Outreach from the pull-down menu.

Jan.	Rector's Discretionary Fund
Feb.	Threshold Housing Society

THE ANNUAL GENERAL MEETING is scheduled for February 23rd, 2025. There will be a combined service at St. Mary at 10:00 a.m. followed by light refreshments and the meeting. Please bring fingers foods to share. Please begin preparing your reports for submission to Leslie (stmarys.saanichton@shaw.ca) by January 30th. We will continue with a condensed version of the Annual Report. Forward-looking reports are eagerly anticipated from:

The Incumbent
The Wardens
Outreach
Cemetery Report, 2024 Financial statements & draft 2025 budget
2024 Church Financial Statements and 2025 draft budgets

CALL FOR NOMINATIONS TO THE PARISH LEADERSHIP TEAM, FOR PEOPLE'S WARDEN - You are invited to take part in the process of nominating members of the parish. Parish Council members are elected annually. Meetings are generally held in the evening of the third Tuesday of the month. You may submit your own name or nominate another parishioner with their permission by January 26th to Ken Pedlow, Ian Stuart, Bob Buchanan or Lynda Clifford or from the floor at the Annual Meeting. Consider joining this rewarding and worthwhile team! For additional information, please see the display which outlines the Executive Structure and offers job descriptions for the various positions. Please note that the appointed position of Parish Treasurer is and has been vacant for some time.

NOTICE OF ANNUAL VESTRY MEETING

Notice is hereby given that the Annual Meeting of the Parish of Central Saanich will be held on Sunday, February 23rd, 2025 at St. Mary's Church, 1973 Cultra Avenue, Saanichton, at approximately 11:45 a.m., for the purpose of:

- Receiving reports & financial statements
- Approving the budgets for 2025
- Appointing and electing officers

The meeting will follow a combined Worship Service at 10:00 a.m. at St. Mary

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Diocese of Leicester, Church of England. In the Anglican Church of Canada we pray for Archbishop Anne, our Acting Primate. We pray for the Metropolitan-elect of The Province of B.C and Yukon. We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; for Christ Church Cathedral, Victoria.

Regional Cycle of Prayer: We pray for the Parish of St. Margaret of Scotland and the people of the parish and neighbourhood. We also pray for the people of the Saanich Peninsula Catholic Parish.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul, Gil and all who minister.

In our Parish: We pray for Ernie Skinner and for Shelby Titian and for their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern & Mark, Lynn S., Brett

For Those with Long-Term Needs: Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Ron H.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Anna, Betty O., Betty E., Alysha, Sue P., Mike D., Michelle, Rudi, Bishop Geoff Woodcroft, Cassidy, Carl G., Don C.

In the greater community: We pray for all victims of sexual misconduct and abuse. May we all be called to create communities where all children of God are safe and respected.

We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego

His Cell Phone: (250) 208-9949

His email: ltowstego@bc.anglican.ca

***Please Note:** Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.*

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