



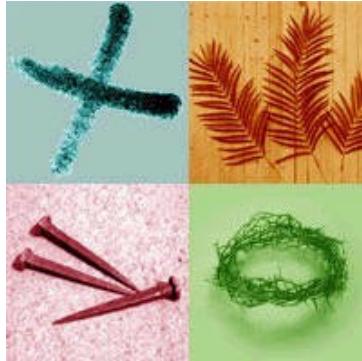
Anglican Parish of Central Saanich

St. Mary Church St. Stephen Church

Faith - Family - Friendship



**Welcome To
PARISH OF CENTRAL SAANICH
St. Stephen Church**



APRIL 6, 2025 – LENT 5

*To act justly and to love mercy and to walk
humbly with your God.* Micah 6:8b

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.

Wednesday Communion: 10:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant

Associated Clergy: The Ven. Bob Baillie,
The Rev. Dr. Brett Cane,
The Rev. Paul Schumacher,
The Rev. Gil Shoosmith, deacon

*Please practice Health protocols that make you feel comfortable.
Please be sensitive to the comfort level of others.*

HOLY EUCHARIST

Book of Alternative Services

The Ven. Dr. Lon Towstego, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

The congregation says or sings the items in **bold** typeface.

Prelude – *Joanne Lambert*

Welcome

Gathering Song: *I Heard the Voice of Jesus Say* (CP #508)

**I heard the voice of Jesus say,
“Come unto me and rest;
lay down, Thou weary one,
lay down your head upon my breast.”
I came to Jesus as I was,
so weary, worn, and sad;
I found in him a resting place,
and he has made me glad.**

**I heard the voice of Jesus say,
“Behold, I freely give
the living water, thirsty one;
stoop down and drink and live.”
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.**

**I heard the voice of Jesus say,
“I am this dark world's light.
Look unto me; your morn shall rise
and all your day be bright.”
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk
till trav'ling days are done.**

The Gathering of the Community

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

All: **And also with you.**

Presider: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Kyrie (CP #706)

Lord have mercy.
Christ have mercy.
Lord have mercy on us.

Kyrie eleison.
Christe eleison.
Kyrie eleison.

Lord have mercy.
Christ have mercy.
Lord have mercy on us.

Centering Stillness:

Let us hold this moment open to the Spirit of God. (*Silence*)

Collect for Ash Wednesday: Almighty and everlasting God, You despise nothing you have made and forgive the sins of all who are penitent. Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our brokenness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen

The Prayer of the Day: Most merciful God, by the death and resurrection of your Son Jesus Christ, you created humanity anew. May the power of his victorious cross transform those who turn in faith to him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE STORY OF FAITH IS PROCLAIMED

The Readings

Sue Smith – A Reading from the Book of Isaiah

Isaiah 43:16-21

Thus says the Lord,
who makes a way in the sea,
a path in the mighty waters,
¹⁷ who brings out chariot and horse,
army and warrior;

they lie down, they cannot rise,
they are extinguished, quenched like a wick:
¹⁸ Do not remember the former things,
or consider the things of old.
¹⁹ I am about to do a new thing;
now it springs forth, do you not perceive it?
I will make a way in the wilderness
and rivers in the desert.
²⁰ The wild animals will honour me,
the jackals and the ostriches;
for I give water in the wilderness,
rivers in the desert,
to give drink to my chosen people,
²¹ the people whom I formed for myself
so that they might declare my praise.

Hear what the Spirit of God is saying.

Thanks be to God

Responsive Psalm 126 BAS – Sue Smith

1 When the Lord restored the fortunes of Zion, * **then were we like those who dream.**

2 Then was our mouth filled with laughter, * **and our tongue with shouts of joy.**

3 Then they said among the nations, * **“The Lord has done great things for them.”**

4 The Lord has done great things for us, * **and we are glad indeed.**

5 Restore our fortunes, O Lord, * **like the watercourses of the Negev.**

6 Those who sowed with tears * **will reap with songs of joy.**

7 Those who go out weeping, carrying the seed, * **will come again with joy, shouldering their sheaves.**

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Bob Buchanan – A Reading from Philippians

Philippians 3:4b-14

If anyone else has reason to be confident in the flesh, I have more: ⁵ circumcised on the eighth day, a member of the people of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a

Pharisee; ⁶ as to zeal, a persecutor of the church; as to righteousness under the law, blameless.

⁷ Yet whatever gains I had, these I have come to regard as loss because of Christ. ⁸ More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ ⁹ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. ¹⁰ I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, ¹¹ if somehow I may attain the resurrection from the dead.

¹² Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. ¹³ Beloved I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, ¹⁴ I press on towards the goal for the prize of the heavenly call of God in Christ Jesus.

Hear what the Spirit of God is saying.

Thanks be to God

Gradual: *Come and Journey with a Saviour* (CP #482 Vss 1, 2, 4)

**Come and journey with a Saviour
Who has called us from our birth,
Who has washed us in the waters,
who loved us on the earth.**

Refrain:

**Come and journey, come and journey
With a Saviour who has come.
We are all God's sons and daughters,
In the Spirit we are one.**

**Come and journey, journey inward,
Come and seek him deep within,
Where he meets us in our living,
In our striving and our sin. *Refrain***

**Come and journey, journey outward,
Where that cross calls us to care,
Where injustice and where hunger,
And the poor call us to care. *Refrain***

Maria: God be with you.

People: **And also with you.**

Maria: The Gospel of our Lord Jesus according to John

People: Glory to you, Lord Jesus Christ.

John 12:1-8

Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. ² There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. ³ Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. ⁴ But Judas Iscariot, one of his disciples (the one who was about to betray him), said, ⁵ 'Why was this perfume not sold for three hundred denarii and the money given to the poor?' ⁶ (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) ⁷ Jesus said, 'Leave her alone. She bought it so that she might keep it for the day of my burial. ⁸ You always have the poor with you, but you do not always have me.'

Maria: The Gospel of Christ

People: Praise to you, Lord Jesus Christ.

Come and Journey with a Saviour (con't. Vss. 5 & 6)

**Come and journey, journey upward.
Sing his praises, offer prayer.
In the storm and in the stillness
find his presence everywhere. Refrain**

Refrain:

**Come and journey, come and journey
With a Saviour who has come.
We are all God's sons and daughters,
In the Spirit we are one.**

**Come and journey, journey onward,
All our gifts we now shall bring
To the building of a city
That is holy, Christ its King. Refrain**

RESPONDING TO THE WORD

Sermon – The Ven. Dr. Lon Towstego

The Apostle's Creed:

Presider: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People – *Maria King*

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. Amen.

The Peace *All stand*

Presider: The peace of the Lord be always with you.

People: And also with you.

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory: Take My Life, and Let It Be (CP #435)

**Take my life, and let it be
consecrated, Lord, to thee;
take my moments and my days,
let them flow in ceaseless praise.**

**Take my hands, and let them move
at the impulse of thy love;
take my feet, and let them be
swift and purposeful for thee.**

**Take my lips, and let them be
filled with messages from thee;
take my intellect, and use
every power as thou shall choose.**

**Take my will, and make it thine;
it shall be no longer mine;
take my heart, it is thine own;
it shalt be thy royal throne.**

**Take my love: my Lord, I pour
at thy feet it's treasure store;
take myself, and I will be
ever, only, all for thee**

Prayer over the Gifts: Eternal God, your only Son suffered death upon the cross to bring the world salvation. Accept the praise and thanksgiving we offer you this day, in the name of Jesus Christ the Lord. Amen.

THE SACRED MEAL IS SHARED

Eucharistic Prayer #3

Presider: God be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who in the mystery of his incarnation was made perfect man of the flesh of the Virgin Mary his mother; in him we have seen a new and radiant vision of your glory.

Therefore with all the angels of heaven, we lift our voices and proclaim our words of praise to proclaim the glory of your name.

Sanctus & Benedictus – *music, Land of Rest, American traditional tune*
**Holy, holy, holy Lord,
God of power and might**

**Heaven and earth are full of your glory
Hosanna in the highest.
Blessed is the one who comes
in the name of the Lord.
Hosanna in the highest; Hosanna in the highest.**

Presider: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: this is my body which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

**All: Therefore, Father, according to his command,
we remember his death, we proclaim his resurrection, we
await his coming in glory;**

Presider: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your daughters and sons; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

Presider: As our Saviour taught us, let us pray:

The Lord's Prayer - Gordon Light (sung)

**Our Father in heaven, hallowed be your name,
Your kingdom come, your will be done on earth as in
heaven.
Give us today our daily bread,
Forgive us our sins, as we forgive those who sin against
us.
Save us from the time of trial and deliver us from evil,
For the kingdom, the power and the glory are yours,
Now and for ever. Amen.**

Breaking of the Bread:

Presider: We break this bread to share in the body of Christ

**All: We, being many, are one body,
for we all share in the one bread**

Presider: The Gifts of God for the people of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Instrumental Music During Communion

Prayer after Communion: Merciful God, you have called us to your table and fed us with the bread of life. Draw us and all people to your Son, our Saviour Jesus Christ. **Amen.**

WE ARE SENT INTO THE WORLD

Doxology

Presider: Glory to God

**All: whose love, working in us, can do infinitely more than we
can ask or imagine. Glory to God from generation to
generation, in the Church and in Christ Jesus, for ever
and ever, Amen.**

Blessing

Sending Hymn: *Lift High the Cross* (CP #602)

Refrain:

**Lift high the cross
The love of Christ proclaim,
Till all the world
Adore His sacred name**

**Come, Christian people, sing your praises, shout!
If we are silent, even stones cry out. *Refrain***

**Jesus, you wept to see our human strife;
Teach us compassion for each human life. *Refrain***

**Peace was your plea, and peace your loving theme
Let peace be our passport, peace a living dream. *Refrain***

**Worlds to be born and children yet to be,
Come, take up this song into eternity. *Refrain***

Dismissal

Leader: Go in peace to love and serve the Lord.

All: Thanks be to God.

Postlude

CCLI# 245534

Please join us for coffee and conversation in the Parish Hall

READINGS FOR APRIL 13, 2025

Luke 19:28-40; Psalm 118:1-2 & 19-29;

Philippians 2:5-11; Reading of the Passion from Luke

APRIL 13, 2025– SUNDAY OF THE PASSION WITH LITURGY OF THE PALMS



NEXT SUNDAY the service will begin at the Lychgate at 11:15a.m. as we hear the Gospel reading of the Triumphal Entry and bless the palms. We will then process to the church to continue the service. If you do not wish to join the procession you may take a seat in the church and read the lesson in the bulletin as you await the arrival of the procession.

READERS ARE NEEDED - for the Good Friday Stations of the Cross Community Walk. Please contact Leslie at 250-652-1611 or at stmarys.saanichton@shaw.ca if you would like to participate.

EASTER DECORATING - On Easter Saturday (April 19) all who wish to participate are invited to come at 11:00a.m. to decorate the church for Sunday. Bring flowers, greenery and yourself and maybe scissors. On Easter Sunday bring food for the food bank to the church or if heavy take to the hall !! at coffee time! (*see below*)

EASTER OUTREACH: You are welcome to remember the Saanich Peninsula Lions Food Bank this Easter. If you would like to bring non-perishable food items, you may bring them to the Church on Easter Sunday, April 20th.

The Saanich Peninsula Lions Food Bank Most Needed Items Are:

Canned Beans	Dry Soup
Canned Vegetables	Jam
Canned Fruit	Peanut Butter
Canned Tomatoes	Rice
Canned Meat	School Snacks
Pasta	Juice
Pasta Sauce	Hot / Cold Cereal
Cookies	Laundry Soap / Dish Soap
Crackers	Personal Hygiene Products
Kraft Dinner	Disinfectant Wipes
Sidekicks/Helpers	Boost / Ensure
Facial Tissues	Toilet Paper

The Food Bank cannot and will not accept any food donations dated older than 6 months.



Holy Week and Easter Services – 2025

Date	Day	Time	Service	Location
Apr. 15	Tues.	10:00 a.m.	Morning Prayer	St. Mary
Apr. 16	Wed.	10:00 a.m. 5:00 p.m.	Holy Eucharist Evening Prayer	St. Mary St. Stephen
Apr. 17	Thurs.	7:00 p.m.	Foot Washing, Eucharist & Stripping of the Altar	St. Mary
After the St. Mary Service – Stripping of the Altar				St. Stephen
Apr. 18	Friday	10:00 a.m.	Stations of the Cross Walk Meet in the parking lot at Centennial Park at the corner of Hovey and Wallace . We will be walking to St. Mary. Along the way will be a series of prayer stops, including in front of Aurora. If you are unable to walk the complete route, there will be several of the prayer stations on the church grounds so you can participate in the majority of the event. The final meditation and conclusion of the service will be held in the church sanctuary.	
Apr. 20 – Easter Sunday 2025. He is Risen!!				
		9:00 a.m.	Holy Eucharist	St. Mary
		11:15 a.m.	Holy Eucharist	St. Stephen

INTERCESSIONS

Anglican Cycle of Prayer: We pray for Iglesia Anglicana de Chile. We pray for Archbishop Anne, our Acting Primate. John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; for the Parish of St. Christopher & St. Aidan, Cowichan Lake

Regional Cycle of Prayer: We pray for the Parish of Salt Spring Island, for The Rev. Juli Mallett and for those in their Parish and neighbourhood. We also pray for the people of Saanichton Bible Fellowship

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul, Gil and all who minister.

In our Parish: We pray for Diana Abbott and for Sybil Bagshaw and for their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern & Mark, Ian, Dennis, Brett, Bob L.

For Those with Long-Term Needs: Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Ron H., Nancy J.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Anna, Betty O., Betty E., Alysha, Sue P., Mike D., Michelle, Rudi, Cassidy, Carl G., Don C., Melanie, Keith & Lillian, Barbara L.

In the greater community: We pray for our upcoming Federal Election.

We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected.

We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

PRAYER IN THE STYLE OF TAIZE resumes SPRING 2025, at Broad View United Church, 3703 St Aidans Street, 6pm on Friday, April 26 (4th Friday), and the 3rd Fridays of May and June, May 16, and June 20, 2025. Please come.

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego
His Cell Phone: (250) 208-9949
His email: ltowstego@bc.anglican.ca

Note: Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.

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St. Stephen's Anglican Church

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